

# Desert West Surgery

## PATIENT PREOPERATIVE INFORMATION HANDOUT

The surgery scheduler will call you 5 days following your office visit to schedule your surgical procedure. The scheduler will verify your insurance benefits and relay your financial responsibility. You will need to pay any deductibles, co-pays and co-insurance fees at least 7 days before your surgery. Please refer to the list below to identify who your scheduler will be.

Surgeon	Scheduler	Phone 383-4040
Dr. Lewis	Tammy	Ext. 1006
Dr. Williams	Susie	Ext. 1008
Dr. Iwamoto	Tammy	Ext. 1006
Dr. Curry	Rene	Ext. 1007
Dr. Reese	Susie	Ext. 1008
Dr. Johnson	Rene	Ext. 1007
Dr. Benassi	Rene	Ext. 1007

### PLEASE INITIAL EACH LINE AND THEN SIGN BELOW

- Initials

Do not have anything to eat or drink after midnight the night before surgery unless directed by M.D. If M.D. wants you to take a medication the morning of surgery, it would be with a sip of water only, otherwise no water, ice, coffee, mints, etc. Usually patients should take their high blood pressure medicine as scheduled.
- Initials

Stop taking Aspirin, Bayer, Excedrin, Nuprin , Pradaxa, Xarelto, Etxilate, Ibuprofen, Motrin, Aleve, Naprosyn and Indocin 7 days prior to surgery.
- Initials

Stop taking Plavix 5-7 days prior to surgery unless told otherwise by your surgeon.
- Initials

If you take Coumadin/Warfarin tell your surgeon so arrangements can be made to stop this medication. Tell your surgeon why you take Coumadin as it may require that you receive special antibiotics at the time of your surgery.
- Initials

Stop Omega’s, Krill Oil, Fish Oil, Vitamin E, Garlic pills 7 days prior to surgery. You should discuss these supplements with your doctor. The supplements may cause blood thinning.
- Initials

Patients having general anesthesia will **not** be allowed to drive after surgery. Please make arrangements to have someone take you home if your surgery is going to be an outpatient procedure. You should not make any financial decisions for 24 hours after surgery.
- Initials

On the day of surgery do not bring any valuables to the hospital or surgery center. Wear comfortable clothes, something that buttons or zips is recommended. Wear no face makeup, nail polish or body lotion. Shower or bathe before going to the hospital or surgery center.
- Initials

Following surgery, please direct any post-operative and/or medications questions to 383-4040 Ext. 1021. The nurse will address your concerns in a timely manner. After hours, leave a message with the answering service who will contact the doctor on call, or in a true emergency go to the nearest Emergency Room.

I certify that I have read or had read to me the contents of this form. I understand and will follow all instructions as outlined above unless directly instructed differently by my surgeon. Failure to follow these instructions may result in cancellation of my surgery for safety reasons.

X

X

Patient Signature (Guardian/Parent)	Witness	Date
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